

Don't push your luck – be pram safe on trains and trams

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Travelling with young children can be a challenge, especially on trains.

Be safe on Adelaide Metro trains and trams by following these safety tips for parents travelling with prams.

Pedestrian crossings

- Always stand behind the white line until all trains or trams have passed.
- Always look both ways for trains or trams before crossing the tracks – remember there could be more than one train or tram.

On the platform

- While on the platform position your pram parallel (sideways) to the track.
- When waiting for trains or trams make sure pram brakes are on. If your pram does not have brakes make sure you hold onto the pram at all times.
- When ready to board wait near the 'wheelchair boarding patch' or by the door of the first carriage.
- Make sure your child is securely strapped in, ready for boarding.
- Make sure heavy items are stored underneath the pram – any heavy items positioned on top of the pram could cause it to tip over.

Getting on and off

- Push the pram when you get on the train or tram.



- Pull the pram when you get off the train or tram.



When you're on the train or tram

- It's safer to leave your child strapped in the pram.
- Keep your pram out of walkways as much as possible.
- On trains, you'll find special red seats that allow you to sit with your child – these can be found just inside the doors.
- On trams, you'll find these seats just inside the doors and opposite the 'wheelchair' symbol featured on the floor.

For further information please visit adelaidemetro.com.au



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